

# fika



swedish cafe and bistro

*scandinavian simplicity*

All prices are subject to prevailing tax and service charge

AVAILABLE FRIDAYS - SUNDAYS  
(LIMITED QUANTITY PER DAY)


ORDER A FULL SANDWICH CAKE  
FOR YOUR SPECIAL EVENT!  
EMAIL: [INFO@FIKACAFE.COM](mailto:INFO@FIKACAFE.COM)

\$12.90++  
(per slice)

a swedish classic

# smörgåstårta

savoury sandwich cake



egg, cheese, herring,  
onion, gravlax, beetroot,  
capers, and dill

skagen, pressgurka, beetroot,  
gravlax, lumpfish roe, and shrimp

**fika**  
swedish cafe and bistro

# Seasonal

## SEASONAL MENU

## SUMMER 2023

### SALAD

#### SCALLOP SALAD

22

Experience harmonious flavours and textures in this delightful dish. Delicate scallops with caramelised green apples and a creamy mustard dill mayo. Topped with cherry tomatoes, rocket salad, and crushed toasted pistachios.

### MAINS

#### FISH PIE

17

Enjoy the comforting flavours of our oven-baked fish pie. Haddock fillet, shrimps, onions, and green peas blend harmoniously in a creamy sauce. Topped with homemade mashed potatoes, it offers a combination of flavours enhanced by a hint of dill.

#### OVEN-BAKED BARRAMUNDI

26

Indulge in the simplicity of barramundi. Oven-baked barramundi on home-made creamy mashed potatoes and buttered edamame beans. Served with a tangy lemon butter sauce and a burst of pickled onions enhances the taste sensation.

#### CLASSIC SEAFOOD STEW

45

Savour our seafood delight featuring short neck clams, black mussels, butterfly red Argentinian shrimp, red mullet fillet, and haddock fillet. Simmered in homemade lobster stock with diced tomatoes and basil. Garnished with chervil, and served with toasted artisan bread.



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AVAILABLE FROM JUNE 1ST



OVEN-BAKED BARRAMUNDI

## summer is here...

FIKA (PRONOUNCED FEE-KA) IS AN IMPORTANT SWEDISH CUSTOM. IT'S A SPECIAL TIME THAT IS SET ASIDE FOR A RELAXED GATHERING WITH FRIENDS OVER A CUP OF COFFEE OR TEA AND A FEW NIBBLES.

SKA VI TA EN FIKA NU?

The arrival of Swedish summer brings with it a delightful blend of vibrant flavours and fresh ingredients that characterise the country's cuisine. As the sun graces the picturesque landscapes, Swedes eagerly embrace the opportunity to savour the seasonal bounty.

During this time, the cuisine takes on a lighter and fresher character. Freshly caught seafood becomes a staple on the summer menu. Cooked to perfection, these fish are often served with a variety of dill-infused sauces, tangy pickled cucumbers, and artisan breads.

The cherished Swedish tradition of "fika," a coffee break accompanied by pastries, thrives during the warmer months. The aroma of freshly brewed coffee wafts through the air as people enjoy cinnamon buns, crumble pies and kladdkaka.

Our Swedish summer menu celebrates the simplicity and freshness of ingredients, allowing nature's offerings to shine on every plate. It's a time of culinary delight where the flavours of the season intertwine with the long-awaited warmth of the Swedish sun.

Välkommen!

# breakfast

- All-day breakfast

<b>FIKA BREAKFAST</b>	22
<i>Fika frukost</i>	
Eggs (scrambled or sunny-side-up), chicken sausages, sautéed potato and mushrooms, cherry tomatoes with turkey bacon, and turkey ham. Served with hard rye crispbread topped with butter and cucumber slices.	
<b>GRANOLA OATMEAL BREAKFAST</b>	18
<i>Gröt med granola och frukt. Serverad med kall mjölk, avokado toast, samt kaffe eller te</i>	
Oatmeal with granola, fresh and dried fruit. Served with cold fresh milk, avocado toast, and coffee or tea.	
<b>HARD RYE CRISPBREAD WITH TOPPINGS</b>	9
<i>Knäckebrödsmörgås med pålägg</i>	
Hard rye crispbread, butter, cheese slices, caviar spread, cucumber, and a sliced hard-boiled egg.	

# sides

<b>PICKLED HERRING PLATE</b>	17
<i>Silltallrik</i>	
Pickled herring, hard rye crispbread, boiled eggs, potatoes, red onion, caviar spread, cheddar cheese slices, and cherry tomatoes.	
<b>KROPPKAKOR</b>	15
Classic home-made southern Swedish potato dumplings, stuffed with sautéed turkey bacon, mushrooms, and onions. Served with creamy melted butter, <i>pressgurka</i> , and lingonberry jam.	
<b>HASSELBACK POTATO ON CHEESY SKAGEN</b>	12
<i>Hasselbackspotatis på ungsbakad skagen med ost</i>	
Classic Swedish baked potato on a mix of melted cheddar cheese, mayonnaise, red onions, fresh-water shrimps, and topped with herb crust.	
<b>BREAD BASKET</b>	9
<i>Brödkorg</i>	
An assortment of artisan breads served with butter. (Add \$1 for redbeet salad)	
<b>BAKED ALMOND CHICKEN BITES</b>	9
<i>Marinerade kycklingbröst täckta med rostade mandlar</i>	
Marinated chicken breast strips, coated with roasted almonds.	

# soup

<b>SOUP OF THE DAY</b>	6
<i>Dagens soppa</i>	

*scandinavian simplicity*

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FIKA BREAKFAST  
(BREAKFAST)



FIKA SALAD  
(SALADS)



PICKLED HERRING PLATE  
(SIDES)



## deli

### MEATBALL SANDWICH (COLD-CUT) 18

*Köttbullesmörgås*

Soft artisan bread, butter, rocket leaves, red beet salad, chilled meatballs, and cucumber. Garnished with parsley.

### SHRIMP AND EGG SANDWICH 18

*Räksmörgås*

Soft artisan bread, butter, rocket leaves, mayonnaise, fresh-water shrimps, egg, fresh dill.

### GRAVLAX SANDWICH 20

*Gravlaxsmörgås*

Soft artisan bread, mustard mayo, cured salmon, *pressgurka*, capers, lumpfish roe, and arugula.

### MEATBALL MELT (WARM) 20

*Varm köttbullesmörgås*

Soft artisan bread, red beet salad, meatballs, melted cheddar cheese, Mayonnaise, and a side salad.

### TOAST SKAGEN 19

*Toast skagen*

Toasted artisan bread, fresh-water shrimps, red onions, mayonnaise, and topped with lumpfish roe, fresh dill and a lemon slices.

## crêpes

### MUSHROOM CRÊPE 18

*Crêpe med svamp*

Sautéed mushroom, leek, garlic, and cheese, wrapped in our home-made crêpe. Served with a side salad.

### GRILLED CHICKEN CRÊPE 19

*Crêpe med grillad kyckling*

Grilled chicken, cheese, sesame mayo, tomatoes, wrapped in our home-made crêpe topped with chopped parsley.

## salads

### GRAVLAX SALAD 20

*Gravlaxsallad*

Mixed greens, onions, cured salmon, cherry tomatoes, sliced cucumber, feta cheese, capers, dill mayo, and lemon, drizzled with honey-lemon vinaigrette and a slice of hard rye crispbread.

### SPRING SALAD 18

*Vårsallad*

Mix of watercress and mesclun, pickle carrots, pearl couscous, trio medley cherry tomato, crumbled feta cheese, roasted pistachio, smashed baby potato, asparagus, and avocado. All tossed in a wonderful lime dressing.

### FIKA SALAD 15

*Fikasallad*

Mesclun salad, harricot beans, roasted pumpkin, sunflower seeds, feta cheese, radish, cherry tomatoes, and hard-boiled egg wedges. Served with a honey-lemon vinaigrette and a slice of hard rye crispbread.

## scandinavian simplicity



SHRIMP AND EGG SANDWICH  
(DELI)



MUSHROOM CRÊPE  
(CRÊPES)



STEAK WITH WARM POTATO SALAD  
(MAINS)



## mains

<b>SWEDISH MEATBALLS</b>	<b>21</b>
<i>Hemlagade köttbullar med förskpotatis, gräddsås, lingonsylt och pressgurka</i> Home-made beef meatballs, baby potatoes, cream sauce, lingonberry jam, and pickled cucumbers.	
<b>PYTT I PANNA</b>	<b>22</b>
Sautéed diced Black Angus beef, potatoes, onions, and topped with a sunny-side-up egg. Served with pickled red beets and rocket leaves.	
<b>SWEDISH LAMB STEW</b>	<b>24</b>
<i>Dillkött med förskpotatis och bröd</i> Lamb, carrots, and onion, stewed in a creamy dill broth. Served with baby potatoes and artisan bread. (Add \$2 for additional artisan bread)	
<b>GRILLED CHICKEN</b>	<b>18</b>
<i>Grillad kyckling med färskpotatis och grönsaker</i> Grilled marinated boneless chicken leg served with baby potatoes, sautéed seasonal vegetables, chives, chopped parsley, and a creamy whole grain mustard sauce.	
<b>HERB-CRUSTED SALMON</b>	<b>26</b>
<i>Kryddbakad lax med glaserade rödbetor och citronsmörsås</i> Norwegian salmon with a herb crust, served on a bed of mashed potatoes with honey-ginger glazed pickled red beets, sautéed asparagus, and a lemon-butter sauce garnished with capers and fresh dill.	
<b>STEAK WITH WARM POTATO SALAD</b>	<b>32</b>
<i>Stek med varm potatissallad</i> Premium Black Angus sirloin topped with garlic-butter. Served with sautéed baby potatoes, onions, and tomatoes, mixed greens, and a creamy whole-grain mustard sauce. Best served medium rare.	
<b>PLANKSTEK</b>	<b>38</b>
A true Swedish restaurant classic from the 1970's. 250 grams of juicy Black Angus, mashed potato, béarnaise sauce, baked cheese tomato, and bacon wrapped asparagus.	
<b>SMÖRGÅSBORD (SERVES TWO)</b>	<b>72</b>
Cold items: pickled herring, cured salmon, chicken ham, <i>Skagen</i> with lumpfish roe, hard rye crispbread, cheese, and a side salad. Hot items: meatballs, grilled chicken, Black Angus sirloin served on a bed of mash, and asparagus wrapped with turkey bacon. (Lingonberry jam, cream sauce, and a creamy whole-grain mustard sauce)	

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<b>SET MEAL TOP-UP</b>	<b>7</b>
Monday - Friday: till 5 pm (not available on public holidays)	

Note.

Smörgåsbord is not available for the top-up

- Add a soup and a cold ade of the day

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SWEDISH MEATBALLS  
(MAINS)



PYTT I PANNA  
(MAINS)



SWEDISH LAMB STEW  
(MAINS)



## pastas

gluten-free pasta option available (waiting time additional 15mins) - add \$2

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<b>PASTA BAKE (SMIDHAGEN FAMILY RECIPE)</b>	<b>20</b>
<i>Ugnsbakad pasta med köttfärs, gräddsås, och smält ost</i>	
Fusilli pasta, minced beef, and cream sauce. Topped with melted cheddar cheese and cherry tomatoes.	
<b>MACARONI STEW WITH SAUSAGES</b>	<b>19</b>
<i>Stuvade makaroner och korv</i>	
Creamy milk-stewed macaroni with sausages. Served with cherry tomatoes, and tomato ketchup.	
<b>FISHERMANS PASTA</b>	<b>26</b>
<i>Fiskarens pasta</i>	
Linguine pasta, mussels, white fish, squid, and prawn. Served with a lemon-butter sauce, and topped with fresh rocket leaves and cherry tomatoes (choice of tomato base available). (Vegetarian option available - \$16)	
<b>GARLIC PASTA WITH MEATBALLS</b>	<b>20</b>
<i>Vitlökspasta med köttbullar</i>	
Linguine pasta, garlic, olive oil, chilli flakes, and meatballs.	
<b>CREAMY PASTA</b>	<b>19</b>
<i>Krämig pasta med svamp och bacon (kalkon)</i>	
Linguine pasta, mushrooms, and turkey bacon. (Vegetarian option available - \$16)	
<b>GRILLED SALMON PESTO PASTA</b>	<b>26</b>
<i>Grillad lax på pesto pasta</i>	
Home-made pesto pasta topped with feta cheese and Norwegian grilled salmon	

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## kids menu

<b>SWEDISH MEATBALLS</b>	<b>10</b>
<i>Köttbullar med potatismos</i>	
Meatballs, served with mashed potatoes, cream sauce, and lingonberry jam.	
<b>MACARONI STEW WITH SAUSAGES</b>	<b>10</b>
<i>Stuvade makaroner och korv</i>	
Creamy milk-stewed macaroni with sausages. Served with cherry tomatoes and tomato sauce.	
<b>KIDS LINGUINE</b>	<b>10</b>
<i>Linguine och köttfärssås</i>	
Linguine pasta in tomato based minced beef sauce.	

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FISHERMANS PASTA  
(PASTAS)





## desserts

### SWEDISH PANCAKES

13

*Pannkakor*

Thin Swedish pancakes, served with ice-cream, whipped cream, chocolate sauce, and topped with fresh berries and icing sugar.  
(Choice of chocolate or vanilla ice-cream)

### KLADDKAKA

8

*Kladdkaka serverad med vispgrädde, chokladsås, bär, och florsocker*  
Swedish brownie, served with whipped cream, chocolate sauce, and topped with fresh berries and icing sugar.  
(Add \$2 for ice-cream)

### APPLE CRUMBLE PIE

9

*Smulpan på äpple*

Apple crumble pie, served with vanilla sauce, fresh berries, and icing sugar.  
(Add \$2 for ice-cream)

### SALTED CARAMEL WAFFLE

12

*Frasvåffla med glass och saltad karamellsås*

Freshly made buttermilk waffle with ice-cream, feuilletine, and salted caramel sauce.  
(Choice of chocolate or vanilla ice-cream)

### CHOCOLATE BALLS

3 for 6

*Chokladbollar*

Name anything more delicious than home-made no-bake chocolate balls rolled in shredded coconut or chocolate rice?  
(contains coffee)

### ICE-CREAM - CHOCOLATE OR VANILLA

5

(Add \$2 for double scoop)

### SELECTION OF CAKES AND PASTRIES

Check our display for daily selections.

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## konditori

• ARTISAN BAKES •  
by fika swedish cafe and bistro

Konditori is a Swedish bakery at heart that specialises in hand-made breads and pastries using the best ingredients possible. we leave out the nasty stuff like artificial flavours, colouring and preservatives, so that you can enjoy the heartwarming, simple flavours in our European cakes and breads. we have taken a back-to-basics approach, where all our bakes are lovingly crafted from scratch, then gently warmed in a stone oven we brought from Sweden.

We invite you to savour our amazing hand-made baguettes, croissants, danishes and wide range of cakes, pastries and artisan breads. but you can't leave without tasting the stars of Konditori - our Swedish Semla bun and Black Forest Croissant. Best savoured with eyes shut.

Please visit us at 33 bussorah street, it's a 3-minute stroll away from here!

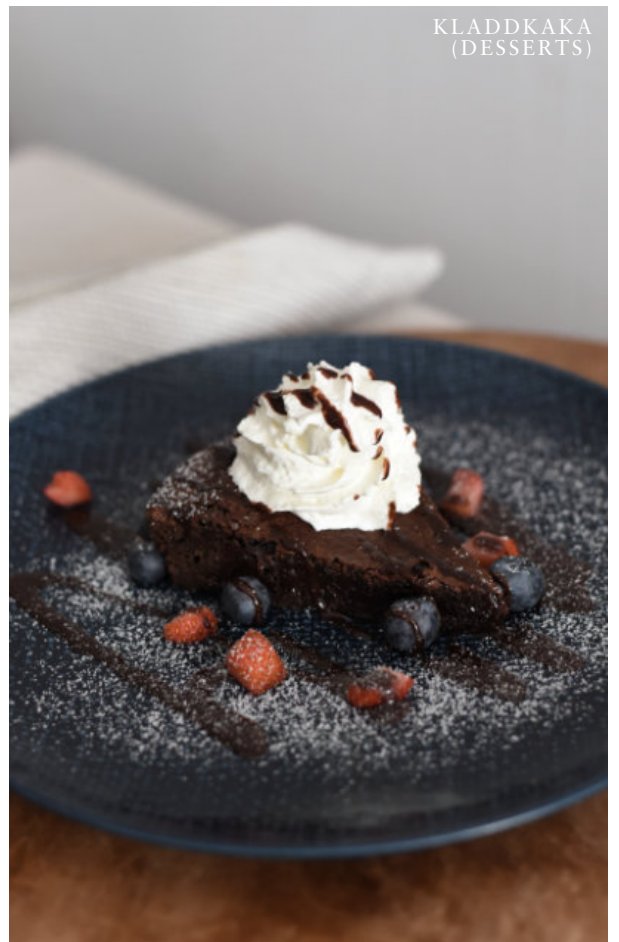
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APPLE CRUMBLE PIE  
(DESSERT)



KLADDKAKA  
(DESSERTS)



SALTED CARAMEL WAFFLE  
(DESSERTS)





# beverages

<b>SIGNATURE ICE-BLENDED DRINK</b>	<b>9</b>
• BASILIKA BREEZE - (cucumber, fresh basil, and passionfruit)	
• STRAWBERRY LEMONADE FREEZE	
• WATERMELON PEACH COOLER	
• DIRTY CHAI - (chai, coffee, vanilla, salted caramel, whipped cream)	
<b>SIGNATURE DRINK</b>	
• GRAPEFRUIT MIMOSA (grapefruit, tonic water, elderflower, rosemary)	<b>9</b>
• ENCHANTED VIOLET - (lavender, elderflower, sprite, blueberries)	
• CRANBERRY KISS - (cranberry, soda, fresh orange juice)	
<b>FRUIT ADE</b>	<b>5</b>
• Swedish apple • Strawberry • Passionfruit	
• Cranberry • Pomegranate • Peach	
<b>FRUIT SODA</b>	<b>6</b>
(Add \$2 for soda float)	
• Swedish apple • Strawberry • Passionfruit	
• Cranberry • Pomegranate • Peach	
<b>FRESH JUICES</b>	<b>7</b>
(Add \$1 for without ice)	
• Green or red apple • Orange • Carrot • Celery and green apple	
<b>ICED OR HOT HONEY LEMON</b>	<b>7</b>
Freshly made; no added sugar, preservatives or flavouring.	
<b>SUMMER ICED TEAS</b>	<b>7</b>
• Swedish apple tea • Lime tea • Summer peach tea	
• Strawberry lemon tea • Lemon tea • Passionfruit tea	
<b>SPARKLING ICED TEAS</b>	<b>8</b>
• Swedish apple tea • Lime tea • Summer peach tea	
• Strawberry lemon tea • Lemon tea • Passionfruit tea	
<b>OBOY HOT CHOCOLATE</b>	<b>7 (HOT), 8 (ICED)</b>
Sweden's favourite chocolate drink topped with whipped cream.	
<b>WARM OR COLD MILK</b>	<b>5</b>
<b>SOFT DRINKS</b>	<b>5</b>
• Coke • Coke light • Sprite	
<b>GLASS BOTTLED MINERAL WATER 500ML</b>	<b>4</b>
<b>PERRIER 330ML</b>	<b>4</b>
<b>REFILLABLE GLASS OF WATER (WARM / COLD)</b>	<b>0.50</b>

CHAI LATTE  
(BEVERAGES)



DIRTY CHAI  
WATERMELON PEACH COOLER  
(SIGNATURE DRINKS)



STRAWBERRY LEMONADE FREEZE  
CRANBERRY KISS  
BASILIKA BREEZE  
(SIGNATURE DRINKS)



# beverages

## CHAI TEA LATTE

7 (HOT), 9 (ICED)

a unique blend of seven freshly ground spices blended with an organic, unrefined jaggery, and milk to give you the perfect balance of spicy, creamy and sweet.

## TEA IN A POT (TE I KANNA\*)

8 PER POT

\*One tea cup per pot only

### • PEARL OF THE ORIENT

*A highly aromatic tea with exquisite notes of jasmine and rose, enveloping the palate in a rich, caressing embrace that evokes a garden in full bloom.*

### • EARL GREY LAVENDER

*A distinctive nose of flowers, bergamot and citrus leading to a rich palate of enticing flavours and a caressing texture.*

### • BRITISH BREAKFAST TEA

*A quintessentially black tea that has a robust, full-bodied flavour with a tinge of woody-floral.*

### • MOGAMBO (CAFFEINE-FREE)

*Tangy juicy aroma with moderate acidity, finished with a delightfully fruity sensation.*

### • CHAMOMILLE DREAM (CAFFEINE-FREE)

*A soothing brew with soft, nuanced aroma marked by floral sweetness and hint of lemon and acacia honey.*

### • LEMON GINGER MINT (CAFFEINE-FREE)

*This tisane opens with fresh cool notes of lemon, yellow fruits, citrus zest, and a delicate layer of ginger. Warm and inviting, leaving the palate with a brisk sensation.*

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## ESPRESSO

4 (SINGLE), 5 (DOUBLE)

Available in macchiato.

## AMERICANO / LONG BLACK

5 (HOT), 6 (ICED)

## CAPPUCCINO

6 (HOT), 7 (ICED)

## CAFFE LATTE / FLAT WHITE

6 (HOT), 7 (ICED)

## CHAI CAFFE LATTE

7 (HOT), 8 (ICED)

## SALTED CARAMEL LATTE

7 (HOT), 8 (ICED)

Espresso, vanilla, milk, caramel drizzle.

## CAFFE MOCHA

7 (HOT), 8 (ICED)

## EXTRA SHOT - ADD \$1

## COFFEE FLAVOURS - ADD \$1

• Roasted hazelnut • Vanilla • Chai

## PREMIUM SOY MILK (DAIRY FREE) - ADD \$1

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